

Holiday Tips for your pets...



- The holiday season can be stressful for pets with guests visiting, strange decorations in the home, the commotion of parties and out of town boarding that some pets experience. Avoid the negative effects of stress with an essential oil diffuser (many pets love lavender oil or a calming blend), a little Bach Flower Rescue Remedy in the water bowl or a calming pheromone plug in diffuser (like feliway or adaptil).
- Avoid “human food” poisons! Most of us remember that chocolate (ever present around the holidays) is poisonous to our pets. Don’t forget to also avoid grapes, raisins, garlic, onions and xylitol (a sweetener found in many peanut butters and chewing gums!).
- Avoid the seasonal poisonous plants! Holly, Ivy, Mistletoe and Poinsettias can all cause gastric irritation if eaten.
- With all due respect, please strongly reconsider giving pets as Christmas presents. If you are considering buying your loved ones a pet as a gift, please don’t do it on impulse. A pet is a big responsibility for the length of its WHOLE life. Research carefully, remember that cute fluffy bundle will grow up and cost money long after the “wow” factor has passed.

THANK YOU!!



We are blessed with wonderful clients and patients.

Thank you for helping to make 2015 such a success!



Did you know? You will receive a \$15 gift certificate for those you refer that become an NBVS client!

Please be sure to remind your friends to mention that you referred them when they schedule an appointment.



Naturally Balanced Veterinary Services

Says... Thank you for your loyalty!

10% off

**An NBVS Service
(acupuncture or chiropractic)**

Exp. 9/1/2016

***Limit 1 per household *Must present coupon for discount**



Merry Christmas and Happy New Year!

As 2015 comes to a close, we at Naturally Balanced Veterinary Services would like to take a moment to thank you for your loyalty and to let you know about some changes in the upcoming new year.

In an effort to allow for maximum client flexibility, our clinic days will continue to rotate through a schedule at select veterinary offices in the surrounding area. Different days of the week will cycle through locations for client convenience. As before, dates for specific clinics will be available on our website: www.NaturallyBalancedVet.com.

Over the next several months we will be updating our computer software to offer you a smoother customer experience. During this transition, we will be asking you to confirm your contact information when you call in. If you notice any corrections that are needed in the meantime please let us know right away. We ask for your patience as staff learns to navigate new features. Please bear with us as we adjust.

We are also bringing in a new staff member. Meet Liz on the next page!

We at Naturally Balanced Veterinary Services want you to know how honored we are to be a part of your pet's health. Getting to know their personalities and helping to keep them feeling their best is the highlight of our practice.

We are committed to offering you the highest level of care and customer service. We ask that you please let us know if you have any questions regarding the upcoming changes to the practice or any specific concerns you may have.

Once again, thank you for letting us into your lives. We wish you the happiest of holiday seasons and look forward to seeing you in the New Year!

Your Friends at NBVS,

Introducing Liz Nelson!

Liz was born in Lincoln, Nebraska where she discovered horses at an early age. She harassed her parents relentlessly for a solid year until riding lessons turned up under the Christmas tree and she has never looked back. For 13 years she competed in the hunter/jumper world until she took off for college and adventure in Sitka, Alaska. This would prove to be a very excellent adventure indeed, as, among other things, she met her future husband Steve and he eventually brought her to Green Bay.

Liz became active in the Green Bay horse community soon after relocating, which gave her the opportunity to meet Dr. Patty. In the spring of 2004 Liz joined Bay Meadow Equine as Dr. Patty's assistant, and discovered a whole new level of adventure and excitement. For four and a half years Liz worked out in the field with Dr. Patty learning the back roads and improving her horse skills, before starting her life's greatest adventure to date, motherhood.

Liz is very excited to be back with Dr. Patty and to join the NBVS team. She is looking forward to getting to know all of you and your four legged family members. She lives in Green Bay with her husband, son CJ, hound dog Dean, Super Cat T, and horses Lima & Sharif.



WE WILL HAVE NEW OFFICE HOURS STARTING JANUARY 1, 2016

**Liz will be in the office and available to assist you various hours
Monday through Friday.**



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|------------------|-------------------------|
| Monday | 8:30am – 11:30am |
| Tuesday | 11:00am – 2:00pm |
| Wednesday | 9:30am – 2:00pm |
| Thursday | 11:00am – 2:00pm |
| Friday | 9:30am – 2:00pm |



Homemade Sweet Potato

Dog Chews

All you need are: Sweet Potatoes
Parchment Paper

Preheat your oven to 250 degrees. Wash and dry your sweet potatoes. Then thinly slice your sweet potatoes length wise (about 1/4 to 1/2 inch thick max). Line a baking sheet with parchment paper and arrange slices in a single layer. Bake at 250 degrees for three hours. Turn the slices over half way through baking. Ideally they will turn out pretty chewy and dry. Store in the refrigerator for up to 3 weeks, or in the freezer for up to 4 months. If left out at room temperature they can mold quickly.

NATURALLY BALANCED
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