

Winter Weather and Your Horse

There are some challenges associated with horse care in colder weather, but by following some simple guidelines you can continue to enjoy your equine companion even as the temperature drops.

- Adequate shelter is a must. If your horse lives outside, a three sided shelter allows them to get out of the wind and wet.
- Provide plenty of fresh hay. Digesting hay (not grain), keeps your horse warm. As the temperature drops, increase their hay ration to help keep them feeling roasty toasty. Round bales are not ideal for horse's respiratory health. Meals of fresh hay, fed multiple times a day, is better for their lungs and digestion.
- Always provide fresh, ice free water. Insulation and tank heaters can keep your tank free of ice even in the coldest temperatures. Check the water daily to ensure the heater is working properly and the tank hasn't iced over.
- It is not always necessary to blanket your horse in the winter. If your horse has developed a thick fuzzy coat, it may be possible for them to be naked through the winter. Horses' coats work best when they are clean and dry. Regularly brush off any sand or mud and fluff any hair that has clumped due to precipitation.
- Some horses need blankets. If your horse is clipped (full body or trace clip) they should always be blanketed when not actively working. Some horses, especially seniors, have trouble maintaining their body temperature and they may need a blanket or even an extra layer under their normal blanket. It always pays to be prepared, because even horses who are usually naked may need a blanket on occasion. Two examples are when the weather is wet for an extended period of time (their coats are not able to retain heat as effectively when wet) and if the temperature is extremely low.
- Check hooves & footing daily. Horses can easily develop snowballs (packed snow and ice) on the soles of their feet that make walking difficult if not dangerous. Pick their feet out daily! Always check the footing in your horse's paddock and riding area to make sure it's not dangerous. If ice builds up, chicken scratch & kitty litter can help provide traction.



THANK YOU!!

We are blessed with wonderful clients and patients.
Thank you for helping to make 2015 such a success!



Did you know? You will receive a \$15 gift certificate for those you refer that become an NBVS client!
Please be sure to remind your friends to mention that you referred them when they schedule an appointment.



Naturally Balanced Veterinary Services

Says... Thank you for your loyalty!

10% off

**An NBVS Service
(acupuncture or chiropractic)**

Exp. 9/1/2016

***Limit 1 per household *Must present coupon for discount**



Merry Christmas and Happy New Year!

As 2015 comes to a close, we at Naturally Balanced Veterinary Services would like to take a moment to say thank you for your loyalty and to let you know about some changes in the upcoming new year.

As some of you have experienced, our schedule has become very full and as a result there have been some issues getting appointments set at your convenience. We are initiating several new measures that should help alleviate this problem. To start we will be tightening our call radius. For clients who may be at the outer edge of our call area, or those who would prefer to haul-in, we will be adding haul-in days at Circle E Equestrian Stables, located in the Seymour area, and High Cliff Quarter Horses, located in the Menasha area. Using one of our haul-in locations allows you to save on the farm call (there will be a small facility fee) and should allow you to be seen on a more regular basis.

We encourage you to plan ahead for your upcoming show season and clinic dates. We will be scheduling up to three months in advance and would be happy to work with you to help get your appointments coordinated around your important show and clinic dates.

If you have small animals that are patients with us, we will continue to see them at veterinary offices in the surrounding area on a rotating schedule. Please see the website for future dates.

We are also bringing in a new staff member. Meet Liz on the next page!

We love talking to you, however we know that when setting appointments via phone there can be some wait time while we search through the schedule. Emailing or texting the office with your desired appointment time and criteria, allows us to study the schedule and get back to you with the best options available to meet your needs without you having to wait on the phone.

You can email us at: NaturallyBalancedVet@gmail.com

To reach the office via text message: just text our regular number: 920-737-9605

Over the next coming months we will be updating our computer software to offer you smoother service. During this transition, we will be asking you to confirm your contact information when you call in. If you notice any corrections that are needed in the meantime please let us know right away. We ask for your patience as staff learns to navigate new features. Please bear with us as we adjust.

We at Naturally Balanced Veterinary Services want you to know how honored we are to be a part of your horse's health. Getting to know their wonderful personalities and helping to keep them feeling their best is the highlight of our practice. We are committed to offering you the highest level of care and customer service. We ask that you please let us know if you have any questions regarding the changes to the practice or any specific concerns you may have.

Once again, thank you for letting us into your lives. We wish you the happiest of holiday seasons and look forward to seeing you in the New Year!

Your Friends at NBVS,

Introducing Liz Nelson!

Liz was born in Lincoln, Nebraska where she discovered horses at an early age. She harassed her parents relentlessly for a solid year until riding lessons turned up under the Christmas tree and she has never looked back. For 13 years she competed in the hunter/jumper world until she took off for college and adventure in Sitka, Alaska. This would prove to be a very excellent adventure indeed, as, among other things, she met her future husband Steve and he eventually brought her to Green Bay.

Liz became active in the Green Bay horse community soon after relocating, which gave her the opportunity to meet Dr. Patty. In the spring of 2004 Liz joined Bay Meadow Equine as Dr. Patty's assistant, and discovered a whole new level of adventure and excitement. For four and a half years Liz worked out in the field with Dr. Patty learning the back roads and improving her horse skills, before starting her life's greatest adventure to date, motherhood.

Liz is very excited to be back with Dr. Patty and to join the NBVS team. She is looking forward to getting to know all of you and your four legged family members. She lives in Green Bay with her husband, son CJ, hound dog Dean, Super Cat T, and horses Lima & Sharif.



WE WILL HAVE NEW OFFICE HOURS STARTING JANUARY 1, 2016

**Liz will be in the office and available to assist you various hours
Monday through Friday.**



Monday	8:30am – 11:30am
Tuesday	11:00am – 2:00pm
Wednesday	9:30am – 2:00pm
Thursday	11:00am – 2:00pm
Friday	9:30am – 2:00pm



Homemade Holiday Horse Cookies

3 c Flour

3 c Uncooked oatmeal oats

1 c Brown Sugar

1 1/2 c water (add as needed)

3/4 c Molasses

Peppermint Candies

Unwrap the peppermints and set aside. Mix all dry ingredients, except the peppermints, together in a mixing bowl. Add water and molasses as needed (can use more of each if needed) to create a scoopable consistency.

Scoop into **VERY WELL** greased mini muffin tins and bake at 350 degrees for 15-20 minutes. As soon as muffins come out of the oven, while they are still warm, press a peppermint into the top of each muffin.

Remove immediately from muffin tins and allow to cool before serving.


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